

Priority Outcome	Action	Key Document	Date
	Develop and implement a parenting offer across the levels of need and for relevant age groups.	Parenting Plan 2014-19	10/14
1	Develop and implement under 5s targeted pathway including midwifery and 0-5 Health Child programme	Health Visitor Implementation Plan	04/15
1	Implement workplan for targeted Lifestyle support	PH commissioned Healthy Lifestyle contract	04/15
1	'Help Torbay' information and guidance established Review	IAG Project Plan	09/14 10/15
2	Review/revise Teenage Pregnancy Partnership priorities Review	Teenage Conceptions Action Plan	01/15 01/16
2	Develop a new Camhs commissioning strategy and services	Camhs commissioning strategy	10/15
2 4	Develop a youth employment and skills strategy to include social action Review	Torbay Youth Employment and Skills strategy	03/15 03/16
2 3 4	Develop a Youth Offer with commissioning approach to include new IYS service Review	Youth Offer Annual sufficiency survey	12/14 12/15 06/15
3	Implement Single Assessment Review	CS Safeguarding and Wellbeing service review LSCB 1business plan	04/15 10/15
3	Commission new services for those affected by Domestic Abuse Review	Domestic Abuse Strategy/Plan 2014	10/14 10/15
3	Corporate Parenting Plan signed off by Members Review	Torbay Corporate Parenting Plan 2014	10/14 10/15
3 4	Participation plan embeds engagement Review	Participation review 2014	07/14 07/15
3	Implement foster recruitment plan First review	CS 5-year business plan	10/14 10/15
4	Implement the national Troubled Families programme to support vulnerable families First review	CS Safeguarding and Wellbeing Service review	10/14 10/15
3 4	Establish Community Hub model for locally based opportunities and services	CCG Integrated Plan Integrated Care and Support – a bid for Pioneer status	04/15
1 2 3	Implement new partnership approaches to Early Help First review	Early Help Strategy LSCB Business plan	07/14 01/15



**Police and Crime Commissioner for Devon and Cornwall**



**Devon & Cornwall Police**  
Building safer communities together




Torbay and Southern Devon Health and Care




*South Devon and Torbay Clinical Commissioning Group*







# TORBAY CHILDREN AND YOUNG PEOPLE’S PLAN 2014-19

## VISION

To Give All Children and Young People the Best Start in Life so they are Safe, Happy and Healthy to Reach their Full Potential.

## This is supported by 3 key principles:

- Better Outcomes in the Community:** working alongside and within communities, respecting and promoting their strengths and assets and promoting resilience, self help and greater aspiration.
- Right Child, Right Place, Right Time:** Identify and respond to needs as early as possible matching the right intervention through good assessment to prevent increased risk of harm and resulting in fewer children in care.
- Efficiency and Effectiveness:** Integrated services with a common purpose and focus targeted proportionately to best meet the. needs of children, carers and families.

## INTRODUCTION

Since our last Children and Young People’s Plan in Torbay, we have seen a significant increase in demand for support for children and families. This has been coupled by a reducing public sector budget and national austerity measures that have impacted particularly on those most vulnerable families. Even with these challenges we have achieved significant successes by working with and alongside communities, children and their

families, and this is something we need to celebrate and build on with confidence and determination. Through even greater collaboration in the future, we can ensure children are given the best start in life and can grow and prosper within safe families and communities that give them the best chance for their futures. This plan sets out our vision, our priorities and our focus for the next 5 years. It is guided by

engagement with young people, a shared, local analysis of need - such as previous inspections and our child poverty strategy, as well as by national policy drivers and strategies. This is a plan that overlaps with others to ensure a consistent set of priorities to impact on children and young people’s lives. The joint approach to planning, commissioning and governance will enable us to develop shared services that will

make a real difference to children and families across Torbay, and South Devon in relation to Health. Opportunities, such as the national programme to increase Health Visitor numbers, will be key to further developing our joint aims to improve local outcomes. The Children and Young People Redesign Board reports to the Health and Wellbeing Board and this provides an accountable body to drive the changes needed

across partner organisations which will realise improvements in outcomes for our children and young people. This plan is a summary document setting out high level priorities. The detail of delivery to be taken forward by multi agency partnerships using the plans and documents referenced at the back of the Children and Young People’s Plan. The Plan will be reviewed every two years.

### OUR 4 PRIORITIES ARE:

1. Children have the best start in life

2. Children and young people lead a happy and healthy life

3. Children and young people will be safe from harm living in families and communities

4. Opportunities to participate and engage in the community and in public life

### Headline Early Years Foundation Data

Nationally 52% of children achieved a Good Level of Development. In Torbay 51% of children achieved a Good Level of Development. Nationally 60% of girls achieved a Good Level of Development and 44% of boys. In Torbay 59% of girls achieved a Good Level of Development and 43% of boys. Nationally the achievement gap between the lowest attaining 20% of children and the mean is 36.6%. In Torbay the figure is 37.6%

### Poverty

The level of child poverty in Torbay is worse than the England average, with 24% of children aged under 16 years living in poverty. The rate of family homelessness is better than the England average.

### Mental health

We know that emergency admissions for persons aged 10-24 for intentional self harm is higher than the England average at 253 per 100,000. Emergency admissions for mental health conditions was similar to the England average at 68.4 per 100,000. Referral rates for tier 3 mental health services has doubled in the last year.

There are over 700 registered carers under 25 in Torbay receiving support. Torbay has almost twice the rate of children on Child Protection Plans and twice the rate of Children Looked After as the national average.

### Attainment

GCSE achievement is similar to the England average: 60.5% of young people gain five or more GCSEs at A\* to C grade including maths and English.

Torbay has a nationally estimated number of 365 Troubled Families that require support. These families are supported to turn around from worklessness, poor educational outcomes, crime and antisocial behaviour.

### Obesity

11.1% of school children in reception are classified as obese in Torbay. The England average is 9.3%. 21.6% of school children in year 6 are classified as obese in Torbay. The England average is 18.9%.

### Teenage pregnancy

Rates of teenage pregnancy are higher than the national average with an annual rate in 2012 of 39.5 per 1,000 compared with the national average of 27.9

### Smoking in pregnancy

17.5 % of mothers smoke at time of delivery. The England average at 12.7% (PHE 2012/13)

### Young peoples views

#### Dreams

Young people wanted to be happy living in a family and they wanted to help people. They also had good aspirations around employment ranging from wanting to become a vet, a mechanic or a teacher, paramedic, chef or photographer.

#### What they need to achieve dreams

Confidence, support from family and friends, social help and living in a nice clean and safe place were important; they needed money for university, money from jobs, training, a good education and careers advice and people to believe in them.

#### Barriers to their dreams

Young people felt that having no money, doing poorly at school, having no confidence and a lack of jobs in the area held them back. They were concerned about family crisis, illness and health, stress, bullying and a bad economic situation. Also ‘being told I can’t’



**PRIORITY ONE: CHILDREN HAVE THE BEST START IN LIFE**

We will commission and work with communities, and schools to:

Implement the Health Child Programme (0-5).

Ensure healthy pregnancy from conception to birth.

Promote early attachment and learning for families with under 5s.

Provide Early Help to children and families when they first need this.

Implement a whole family approach to assessment used by integrated services.

Improve school readiness for all our children.

**To do this we will:**

Deliver effective and accessible education and support to parents in a variety of settings to help them become confident and competent in their role as parents.

Implement a pathway for use by maternity, health visiting and children centres to trigger early identification of post- natal depression and to enable parents to access to help.

Put in place services and support around smoking cessation, weight management and emotional health and wellbeing for pregnant women, with a particular focus on younger women.

Improve the transition between midwifery, health visiting and children centres services and schools to simplify access to targeted early help.

Establish local access points for information and advice, including access to childcare, so that people can see the full range of support and advice available to them with a focus on early community based support.

Work with our early education service and teaching Schools to improve school readiness , with a particular focus on reducing inequalities.



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**PRIORITY TWO: CHILDREN AND YOUNG PEOPLE LEAD A HEALTHY AND HAPPY LIFE**

We will commission and work with communities and schools to:

Improve the emotional and mental health of all children and young people and keep them well.

Implement the Healthy Child Programme (5-19).

Implement recommendations from the Child Poverty Strategy.

Increase opportunities for children and young people to participate in social, physical and educational activities to help them make good lifestyle choices.

Improve access to relationship and sexual health services.

Improve attainment and skills to enable children and young people to fulfil their aspirations.

**To do this we will:**

Develop a range of emotional and mental health resources, targeted at children and young people as well as parents, which will encourage self help as well as sign posting to national and local support and advice services.

Increase awareness and identification of emotional and mental health issues and of relationship and sexual health issues by providing workforce training at the preventive, targeted and specialist levels.

Target additional emotional health resources within schools at an earlier intervention level and develop an assertive outreach model of care for those children with more complex mental health.

Provide services to prevent sexually transmitted infections (STI) and to increase contraception availability and relationship advice.

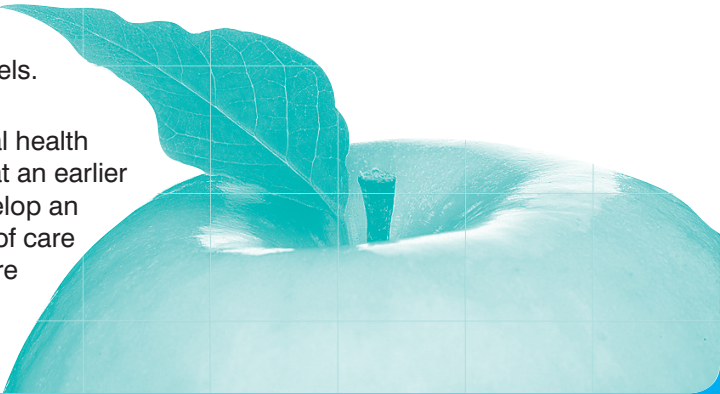
Increase apprenticeship and training opportunities through a youth training and employment strategy.

Work with all schools to raise attainment and aspiration and reduce inequalities through effective monitoring, challenge and support.

Ensure there is sufficient youth provision, especially in neighbourhoods with high numbers of young people with high levels of need, through the development of a full Youth Offer.

Help young people and families understand the range of different health and support services.

Provide opportunities for all children and young people to learn and understand the importance of healthy lifestyle behaviours and health choices including diet, exercise, alcohol, drugs and smoking.



**PRIORITY THREE: CHILDREN AND YOUNG PEOPLE WILL BE SAFE FROM HARM, LIVING IN FAMILIES AND COMMUNITIES**

We will commission and work with communities and schools to:

Support families experiencing difficulties to meet their needs as early as possible.

Improve outcomes for children with disabilities.

Improve outcomes for children in care and care leavers.

Improve outcomes for children and young people in need of protection.

Build resilience and confidence in children and young people to deal with emotional distress.

**To do this we will:**

Integrate the delivery model for children’s health and social care supported by improvements in information sharing, systems and processes.

Ensure all partners work proactively with the Local Safeguarding Children’s Board to continue to improve safeguarding services.

Develop services for all adolescents, with a focus on care leavers and vulnerable young people in need of protection, by establishing an Integrated Youth Support Service.

Implement the Special Education Needs reforms and Local Offer.

Establish a Community Hub model of delivery that develops community assets and resilience, and provides a single point of access to early help and support.

Provide a range of support services for those affected by domestic abuse and relationship violence, child sexual exploitation and bullying.

Improve the quality of all aspects of the experience of being looked after with particular focus on participation, health, protection from harm and education.

Develop an Early Help Strategy with Partnership sign-up to include an increase in numbers of local care options through foster campaigns and strong support in communities.



**PRIORITY FOUR: OPPORTUNITIES TO PARTICIPATE AND ENGAGE IN COMMUNITY AND PUBLIC LIFE**

We will commission and work with communities and schools to:

Develop opportunities for children and young people to be seen in a positive light by involving in volunteering and community action.

Develop a range of social, educational and activity based services within local reach for children and young people.

Embed processes to ensure young peoples’ voices are heard when we are reviewing, designing and delivering services.

Support young people into training and work as well supporting families to return to work where possible.

Consider the impact of environment in all aspects of planning and development of the lives of children, families and young people.

**To do this we will:**

Work with the National Citizen Service scheme and Community and Voluntary Sector providers such as Prince’s Trust to encourage young people to participate in community action.

Work alongside the Community Development Trust to develop opportunities for community based engagement for young people and families.

Set up a range of opportunities for **ALL** children and young people to be involved and have their say around

community and environmental plans that impact on their lives.

Provide support and training to Community and Voluntary Sector groups to ensure good quality play and youth provision that involves young people in as many ways as possible.

Implement the government’s Troubled Families scheme and co-ordinate support across the Partnership for workless families.

Develop employment and training opportunities for young people.

